Santander HIP Meeting 2019
HIP ARTHROSCOPY AND NEW TRENDS IN HIP SURGERY

10TH EDITION
and 5th Course video technique GIPCA group
(Grupo Ibérico de Preservación de Cadera y Artroscopia)

14-15 FEBRERO/FEBRUARY 2019
LANGUAGES: SPANISH/ENGLISH
SEDE/VENUE: HOTEL BAHIA • SANTANDER (SPAIN)

ISHA APPROVED COURSE  UNDER THE PATRONAGE OF ESSKA  ISAKOS APPROVED COURSE

With the support of the Spanish Arthroscopy Association (AEA) and Spanish Association of Orthopaedic Surgeons (SECOT)

DIRECTOR/CHAIRMAN
Dr. Luis Pérez Carro (España/Spain)

www.santanderhipmeeting.com
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WELCOME ADDRESS

Dear Colleagues:

On behalf of the Organizing Committee, it is my great pleasure to welcome you to Santander and to the 10th Santander International Hip Meeting, focused on hip arthroscopy and hip joint preservation.

This symposium has been planned for orthopaedic surgeons and other health care professionals involved in hip arthroscopy and arthroplasty and is a response to the need for education in the diagnosis and management of a variety of new joint conditions and to update hot topics in Arthroplasty.

After participating in this 2 days program you will better able to define and implement arthroscopy techniques in your practice as well as the advantages of different surgical techniques and to know the new technologies currently available in arthroscopic hip surgery, hip joint preservation and hip joint prostheses. The distinguished speaking faculty has been selected for their outspoken opinions.

We look forward to welcoming you to Santander in February 2019.

Dr. Luis Pérez Carro
Chairman Santander Hip Meeting

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FACULTY

RAFA ARRIAZA (SPAIN)  Moisés Hernando Fdez. (Spain)

FILIPE BATAILLIE (BELGIUM)  Lafayette Lage (Brasil)

NICOLAS BONIN (FRANCE)  Hal David Martin (USA)

PATRICK CARTON (IRELAND)  Oliver Marín (Spain)

LUIS CEREZAL (SPAIN)  Jesús Mas (Spain)

PEDRO DANTAS (PORTUGAL)  Dean Matsuda (USA)

MICHAEL DIENST (GERMANY)  Luis Pérez Carro (Spain)

BORIS GARCÍA (SPAIN)  Paulo Rego (Portugal)

JUAN GÓMEZ-HOYOS (COLOMBIA)  Marc Tey (Spain)

DAMIAN GRIFFIN (UK)  Raúl Torres (Spain)

JUAN RIBERA (SPAIN)
SCIENTIFIC PROGRAM

WEDNESDAY 13 FEBRUARY 2019
- 17.00-19.30: Registration

THURSDAY 14 FEBRUARY 2019
- 7.00-7.50: Registration
- 7.50: Welcome

SESSION 1: THE BASICS: ANATOMY, IMAGING, EXAMINATION, INDICATIONS, TECHNIQUE
Moderation: Dr. Raúl Torres
- 7.50-7.58: Normal intrarticular arthroscopic anatomy: Dr. Luis Pérez Carro
- 7.59-8.07: Hip ultrasound anatomy and ultrasound guided hip injections: Dr. Luis Cerezal
- 8.08-8.16: Clinical examination of the hip: Video technique: Dr. Patrick Carton
- 8.17-8.25: Pitfalls in MR of the hip: Dr. Luis Cerezal
- 8.26-8.34: Arthroscopic surgical technique, is there a gold standard?: Dr. Damian Griffin
- 8.35-8.40: Simultaneous bilateral hip arthroscopy: Videotechnique: Dr. Dean Matsuda
- 8.41-8.49: Hip arthroscopy and patient selection. Who’s at risk of having a poor outcome?: Dr. Hal Martin
- 8.50-8.58: Hip arthroscopy as treatment for hip pain: Are the indications still increasing?: Dr. Michael Dienst
- 9.00-9.10: Discussion
SESSION 2: FAI SYNDROME

Moderation: Dr. Oliver Marín

GENERAL ISSUES

- 9.11-9.19: Warwick Agreement and UK Fashion trial on FAI syndrome: Dr. Damian Griffin
- 9.20-9.28: Appropriateness criteria for hip arthroscopy in patients with femoroacetabular impingement: Dr. Boris García
- 9.38-9.46: Hip spine syndrome: Dr. Filipe Bataille
- 9.47-9.55: Hip outcomes scores and results: Dr. Pedro Dantas
- 9.56-10.04: Clinical Presentation, diagnosis and pathogenesis of sports related Femoro-Acetabular Impingement: Dr. Patrick Carton
- 10.05-10.15: Discussion

10.15-10.40: Coffee Break and Commercial Exhibition

Moderation: Dr. Rafael Arriaza

CAM

- 10.40-10.48: How to identify and know the safe limits of resection: The “Bermuda triangle” and the “Omega angle”: Dr. Paulo Rego
- 10.49-10.57: Arthroscopic Cam-Resection: Approach and steps: Dr. Michael Dienst
- 10.58-11.06: In search of the spherical femoroplasty: How much bone and where: Dr. Nicolas Bonin
- 11.07-11.15: Surgical dislocation of the hip: Indications in FAI and avoiding and treating complications. Anatomy and technique: Dr. Paulo Rego

PINCER

- 11.16-11.24: Arthroscopic Pincer-Resection: Dr. Michael Dienst

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SESSION 3: LABRUM AND CARTILAGE PROBLEMS

Moderation: Dr. Marc Tey

THE LABRUM

12.01-12.10: Diagnosis of labral and chondrolabral lesions: Medical Imaging and classification: Dr. Luis Cerezal
12.11-12.20: Arthroscopic classification, localization of acetabular labral tears and rational operative technique for preserving the chondrolabral interface for labral repair: Dr. Patrick Carton
12.21-12.26: Acetabular labral reconstruction: Dr. Dean Matsuda
12.27-12.35: Types of anchors: What you should know: Dr. Pedro Dantas
12.36-12.44: Labrum repair without traction: Dr. Hal Martin
12.45-12.50: Videotechnique: TALR technique: Transacetabular repair without anchors: Dr. Luis Pérez Carro

CARTILAGE PROBLEMS

12.51-12.59: Femoroacetabular impingement and borderline arthritis. Limits: Dr. Juan Ribera
13.00-13.08: How should we treat a chondral flap: Dr. Nicolas Bonin
13.09-13.17: Latest technological advances in the treatment of hip chondral lesions: Dr. Marc Tey
13.18-13.26: Cartilage management with chitosan based scaffold: Videotechnique and first results: Dr. Jesús Mas
13.27-13.34: Cartilage repair with fat derived MSCs: Videotechnique:  
Dr. Damian Griffin
13.35-13.45: Discussion
13.45-14.30: Lunch
14.30-15.00: Pit stop with coffee to hearing the latest from our partners in industry
  - Update on new materials and tools: Conmed
  - Update on new materials and tools: MBA
  - Update on new materials and tools: Smith and Nephew
  - Update on new materials and tools: Storz
  - Update on new materials and tools: Stryker-Pivot
  - Update on new materials and tools: Zimmer-Biomet
Others to be confirmed

SESSION 4: REVISION HIP ARTHROSCOPY
Moderation: Dr. Jesús Mas
15.00-15.08: FAI: Methods to assess quality of surgical correction and cartilage in failed hip Arthroscopy: Dr. Luis Cerezal
15.09-15.17: Management of persistent pain after hip arthroscopy: Dr. Michael Dienst
15.18-15.23: Discussion

SESSION 5: EXTRARTICULAR HIP IMPELLIEMENT AND SOFT TISSUE PROBLEMS
Moderation: Dr. Jesús Mas
PSOAS IMPELLIEMENT
15.24-15.33: Gross anterior anatomy of the hip: Dr. Juan Gómez-Hoyos
15.34-15.43: Medical imaging: Dr. Moisés Hernando
15.44-15.50: Iliopsoas pathology: Prevalence, associated findings, and surgical procedures: Multicenter observational study: Dr. Dean Matsuda
SUBSPINE IMPINGEMENT:
- 15.51-15.58: Definition and diagnosis: Dr. Oliver Marín
- 15.59-16.03: Type 3: Intrarticular excision: Videotechnique: Dr. Raúl Torres
- 16.04-16.08: Type 3: Extrarticular excision: Videotechnique: Dr. Patrick Carton

ISCHIOFEMORAL IMPINGEMENT:
- 16.09-16.17: Medical imaging: Dr. Moisés Hernando
- 16.18-16.26: Surgical treatment: Dr. Hal Martin

TROCHANTERIC-PELVIC IMPINGEMENT:
- 16.27-16.35: Surgery for complex morphology with trochanteric-pelvic impingement: Dr. Paulo Rego

DEEP GLUTEAL SYNDROME
- 16.36-16.44: Medical imaging: Dr. Moisés Hernando
- 16.45-16.53: Physical exam of posterior hip pain: Dr. Juan Gómez-Hoyos
- 16.54-17.02: Gross and endoscopic posterior hip anatomy: Dr. Luis Pérez Carro
- 17.03-17.11: Endoscopic and open surgery for subgluteal problems and sciatic nerve decompression: When and how: Dr. Hal Martin

PROXIMAL HAMSTRING TEARS: FROM ANATOMY TO SURGICAL REPAIR
- 17.12-17.20: Physical examination and gross anatomy: Dr. Juan Gómez-Hoyos
- 17.21-17.29: Conservative or surgical repair of proximal hamstring rupture?: Dr. Rafa Arriaza
- 17.30-17.38: Endoscopic repair: Dr. Filipe Bataille
- 17.39-17.47: Open surgery: When and how: Dr. Juan Gómez-Hoyos

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17.48-17.53: Posterior Snapping: Videotechnique: Dr. Rafa Arriaza
17.54-18.04: Discussion

18.05-18.20: Coffee Break and Commercial Exhibition

SESSION 6: PEDIATRIC HIP DISEASE
Moderation: Dr. Juan Ribera
18.21-18.29: Slipped Capital Femoral Epiphysis: When scope when open and when to add other procedures in case of instability after anatomic reduction: Dr. Paolo Rego
18.30-18.38: Adolescent FAI: Definition and treatment: Dr. Damian Griffin
18.39-18.47: Perthes disease sequelae treatment: Dr. Paolo Rego
18.48-18.53: Discussion

SESSION 7: PERITROCHANTERIC SPACE
Moderation: Dr. Juan Ribera
18.54-19.00: Gross anatomy: Dr. Juan Gómez-Hoyos
19.00-19.08: Gluteal fibrosis and lateral snapping: Dr. Pedro Dantas
19.09-19.15: Endoscopic gluteus medius repair: Videotechnique: Dr. Luis Pérez Carro
19.16-19.20: Gluteus maximus transfer for gluteus medius insufficiency: Dr. Juan Gómez-Hoyos
19.20-19.25: Discussion
FRIDAY 15 FEBRUARY 2019
- 7.00-7.50: Registration
- 7.50: Welcome

SESSION 8: CORE MUSCLE INJURY/ATHLETIC PUBALGIA
Moderation: Dr. Luis Pérez Carro
- 7.50-7.58: Hip, spine, pelvis and core. Dr. Hal Martin
- 7.59-8.07: Athletic Pubalgia: Definition, physical examination and open technique: Dr. Rafa Arriaza
- 8.08-8.16: Endoscopic repair of distal rectus abdominis and plate avulsion and endoscopic pubic symphysectomy: Dr. Dean Matsuda
- 8.17-8.22: Discussion

SESSION 9: FEMORAL AND ACETABULAR ROTATIONAL/VERSION PROBLEMS
Moderation: Dr. Luis Pérez Carro
- 8.23-8.31: Femoral version: Clinical, medical imaging and treatment: Dr. Hal Martin
- 8.32-8.40: Hip arthroscopy for impingement due to low femoral torsion: Dr. Damian Griffin
- 8.41-8.49: Derotational osteotomies: Indications, videotechnique and results: Dr. Hal Martin
- 8.50-8.55: Discussion

SESSION 10: HIP INSTABILITY
Moderation: Dr. Boris García
TERES LIGAMENT
- 8.56-9.04: Medical imaging: Dr. Luis Cereza
- 9.05-9.13: Function and clinical relevance of the ligament teres: Dr. Hal Martin
9.13-9.21: Arthroscopic classification and treatment: From debridement to reconstruction: **Dr. Luis Pérez Carro**

**HIP NONSTRUCTURAL INSTABILITY**

- 9.22-9.30: Medical imaging: **Dr. Luis Cerezal**
- 9.31-9.39: Anatomy and function of hip ligaments: **Dr. Hal Martin**
- 9.40-9.48: The effect of routine capsular repair on clinical outcome following arthroscopic FAI correction: **Dr. Patrick Carton**
- 9.49-9.58: Arthroscopic management of hip instability: **Dr. Hal Martin**

**DYSPLASTIC HIP**

- 9.59-10.07: Indications for hip arthroscopy in dysplasia: When and how: **Dr. Nicolas Bonin**
- 10.08-10.16: Hip Dysplasia: Prevalence, associated findings, procedures and outcomes from large multicenter arthroscopy study group: **Dr. Dean Matsuda**
- 10.17-10.25: Periacetabular osteotomy: Indications, contraindications and avoiding and treating complications: **Dr. Paulo Rego**
- 10.26-10.34: Hip Dysplasia: Spectrum of arthroscopic treatments: Capsular plication, endoscopic shelf acetabuloplasty, and endoscopic assisted PAO: **Dr. Dean Matsuda**
- 10.35-10.45: **Discussion**
- 10.45-11.10: Coffee Break and Commercial Exhibition

**SESSION 11: SPECIAL INDICATIONS AND HOT TOPICS IN THE HIP**

Moderation: **Dr. Rafa Arriaza**

- 11.11-11.19: Synovial disorders in the hip joint: **Dr. Michael Dienst**
- 11.20-11.28: Osteonecrosis of the hip: Arthroscopic techniques: **Dr. Hal Martin**

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11.29-11.37: Complications in hip arthroscopy: **Dr. Marc Tey**

11.38-11.43: How to safely place anchors around the entire acetabulum and options for chondral penetration and condral deformation: **Dr. Dean Matsuda**

11.44-11.52: Rehabilitation depending on your findings at surgery: **Dr. Hal Martin**

11.53-12.00: **Discussion**

### SESSION 12: FRACTURES AND ARTHROPLASTY

**Moderation: Dr. Rafa Arriaza**

**FRACTURES**

12.01-12.09: Hip dislocations and fractures: When and how to scope: **Dr. Pedro Dantas**

12.10-12.18: Arthroscopy for hip trauma cases and arthroscopic osteosynthesis of femoral head fractures: **Dr. Dean Matsuda**

12.19-12.24: **Discussion**

**ARTHROPLASTY**

**Moderation: Dr. Oliver Marín**

12.25-12.32: MR in Arthroplasty: **Dr. Luis Cerezal**

12.33-12.41: Hemiresurfacing. **Dr. Lafayette Lage**

12.42-12.50: Rapid recovery after THA and direct anterior approach: **Dr. Nicolas Bonin**

12.51-12.59: Are short stems the new standard for the Young?: **Dr. Boris García**

13.00-13.08: Is there a place for arthroscopy in the painfull total hip: **Dr. Filiep Bataille**

13.09-13.17: Difficult primary total hip replacement in deformed hips: **Dr. Paulo Rego**
13.18-13.26: The use of a dual-articulation acetabular cup system in hip arthroplasty: **Dr. Nicolas Bonin**

13.27-13.32: 2018 Periprosthetic Joint infection Consensus: Highlights: **Dr. Oliver Marín**

13.33-13.45: **Discussion**

**Remarks and closing ceremony**
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Join the thousands working together to achieve the Mission of ISAKOS: Advance the worldwide exchange and dissemination of education, research and patient care in arthroscopy, knee surgery and orthopaedic sports medicine.

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SEDE-VENUE: Hotel Bahía Santander – 14 y 15 FEBRERO 2019
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CUOTAS/ FEES

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IVA incluido. La inscripción incluye la asistencia a las sesiones científicas, documentación, certificado de asistencia, pausa café y almuerzo.

ENVÍO DE LA INFORMACIÓN

Enviar boletín de inscripción y copia de la transferencia bancaria a:
Secretaría Técnica: Torres Pardo
C/Nápoles 187 2ª. 08013 Barcelona
e-mail: spiros@torrespardo.com
Tf. +34 932 463 566 Fax. +34 932 317 972

www.santanderhipmeeting.com
CANCELACIONES

El aviso de cancelación debe ser expedido a Torres Pardo S.L. por e-mail a spiros@torrespardo.com
La política de cancelación para las devoluciones es la siguiente:
- Antes del 20 de Diciembre de 2018: 50% Gastos Cancelación
- Después del 20 de Diciembre 2018: Sin reembolso

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SEDE/VENUE

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