

Organize:



# 2nd INTERNATIONAL SONOSURGERY SYMPOSIUM & CADAVER LAB

**Venue:** FACULTY OF MEDICINE  
AND HEALTH SCIENCES  
BARCELONA UNIVERSITY  
C/ Casanova, 143, 08036 Barcelona, SPAIN

**February 15th-16th 2019**

**PROGRAMME**

# 2nd INTERNATIONAL SONOSURGERY SYMPOSIUM & CADAVER LAB February 15th-16th 2019

## INTRODUCTION TO SONOSURGERY COURSE

SETRADE is honoured to promote the **2nd International Sonosurgery & Cadaver Lab**, which will take place in **Barcelona on 15th and 16th February 2019**.

A number of surgical procedures on the musculoskeletal system assisted by ultrasound, and, in some of them, as support to arthroscopic techniques, will be on display for the first time. By means of that, we reflect the work carried out by distinguished trendsetters such as Hakan Alfredson, who will also take part in this Symposium along with some professionals who have developed it in Spain.

We are opening doors to a new surgical concept where ultrasound, endoscopy and surgery get together to strive for excellence in the treatment of several pathologies of the upper and lower limbs. Patellar, achilles and epicondylar tendinopathies, plantar fasciitis, aponeurotomy of Compartment Syndrome due to effort, tenotomy of medial gastrocnemius, radial median and n. neurolysis in wrist and forearm, all of them in two days.

The first day will be devoted to showing procedures and the second day to applying the knowledge on anatomical pieces.

We look forward to sharing with the pupils our feeling of being opening the way to the future.

**Dr. Jordi Ardèvol Cuesta**  
*President of Setrade Scientific Committee*

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*Valladolid*

# PROGRAMME

## FRIDAY 15TH. LECTURES SESSION

- 15.00 ACREDITATION
- 16.00 **Opening Symposia**  
A. Carrascosa, A. Prats
- INDICATIONS AND TECHNIQUES IN SONOSURGERY . Part I**  
Chairman/ Moderator: A. Carrascosa
- 16.15 **Sonosurgery: indications and base conditions to practice**  
J. Ardèvol, R. Balias
- 16.30 **Ultrasound and Doppler-guided arthroscopic patellar tendon shaving procedure**  
H. Alfredson, L. Masci
- 16.45 **Carpal Tunnel Syndrome US Assisted**  
J. De la Fuente, C. Cachán
- 17.00 **Upper extremity US Assisted endoscopic neurolysis**  
J. Palau
- 17.15 **Ultrasound and Doppler-guided Achilles scraping procedure**  
H. Alfredson, L. Masci
- 17.30 **Discussion**
- 17.45 Break
- INDICATIONS AND TECHNIQUES IN SONOSURGERY. Part II**  
Chairman/Moderator: J. Ayala Mejías
- 18.15 **Anterior Exertional Compartment Syndrome US assisted aponeurotomy**  
R. Balias
- 18.30 **Fascia Plantaris US assisted fasciotomy**  
G. Álvarez, C. Ferrer Señorans
- 18.45 **US assisted Extensor Carpi Radialis Brevis release**  
J. Ardèvol
- 19.00 **US assisted percutaneous Achilles repair**  
Ll. Til, R. Olivé
- 19:15 **Articular US-guided joint infiltrations in orthopedic surgery**  
G. Álvarez, Ferrer Señorans
- 19.30 Discussion
- 19.45 End of lectures session

## SATURDAY, 16TH. CADAVER-LAB SESSION

**[All procedures exposed + US assisted nerve block]**

9.15-9.30	Lab group assignment
9.30-11.30	<b>Cadaver Lab</b> Groups 1-5 Upper limb procedures Groups 6-10 Lower limb procedures
11.30-12.00	Break
12.00-14.00	<b>Cadaver Lab</b> Groups 1-5 Lower limb Procedures Groups 6-10 Upper limb procedures
14.00-15.30	Lunch
15.30- 18.00	Free choice of preferred procedures
18.00	End of Cadaver Lab session

## COMMITTEES

### ORGANIZING COMMITTEE

**J. Ardèvol**

**R. Balias**

**X. Sala**

### SCIENTIFIC COMMITTEE

**H. Alfredson**

**G. Alvarez**

### FACULTY

**H. Alfredson, L. Masci, G. Alvarez, C. Ferrer Señorans,**

**R. Olivé, LI Til, J. Palau, J. De la Fuente,**

**C. Cachan, J. Ardèvol, R. Balias**

# GENERAL INFORMATION

## VENUE

### FACULTY OF MEDICINE

Casanova 143, 08036 Barcelona. Spain

Aula Magna: 3rd floor / Dissection room: basement (North wing)

**ORGANISER: SETRADE** [Spanish Society of Sports Traumatology]



## OFFICIAL LANGUAGE: English

The lectures will be held in English, with simultaneous translation in Spanish.

## FACULTY:

**Hakan Alfredson. MD, PhD, Professor**  
Sweden

**Guillermo Álvarez Rey. MD**  
Málaga, Spain

**Jordi Ardèvol Cuesta. MD, PhD**  
Barcelona, Spain

**Ramón Balius Matas. MD, PhD**  
Barcelona, Spain

**Carlos Cachán Hartmann. MD**  
San Sebastián, Spain

**Javier de la Fuente Ortiz de Zarate. MD**  
San Sebastián, Spain

**Carlos Ferrer Señoráns. MD**  
Málaga, Spain

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Barcelona, Spain

**Jordi Palau González. MD**  
Barcelona, Spain

**Lluís Til Pérez. MD**  
Barcelona, Spain

## REGISTRATION FEE: 1200 €

**Fee includes:** Admission to all scientific Sessions / Workshop participation / Conference material / Certificate of attendance / Coffee breaks and Lunch

Until **01.02.2019** all cancellations will be penalized by retaining 50% of payment. After that date penalization will be of 100% of payment.



Entity accredited with the Ethical Seal of Fenin, makes available to the companies of the Sector, the possibility of participating in the II International Sonosurgery & Cadaver Lab, with Grants for the training of Healthcare Professionals.

## TECHNICAL SECRETARIAT

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**SETRADE, AFFILIATED TO ESSKA**

The Spanish Society for Sports Traumatology includes amongst its members Orthopaedic Surgeons, Sports Medicine Doctors, Physiotherapists and other professionals with university degrees dedicated to the treatment, rehabilitation and recuperation of sports injuries

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