

A close-up photograph of two shiny golden trophies with ornate handles and bases. They are set against a dark background where colorful confetti is falling, creating a celebratory atmosphere.

*Have we found the ideal  
alignment for Total Knee  
Arthroplasty?*

THE  
**PERFECT  
STORM**

---

*different strategies  
in TKA alignment*



**what is the correct alignment?**

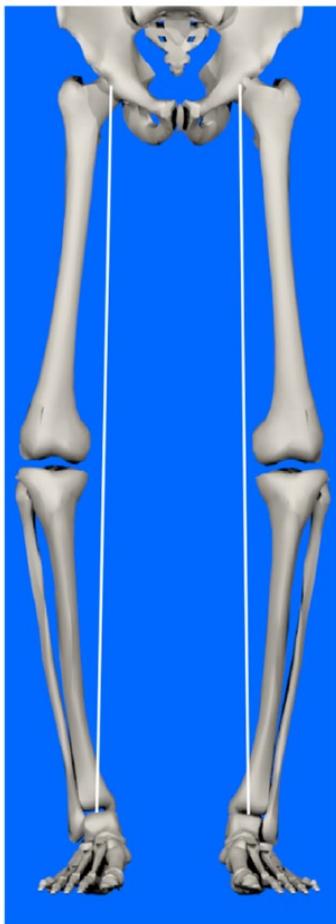


## Constitutional alignment



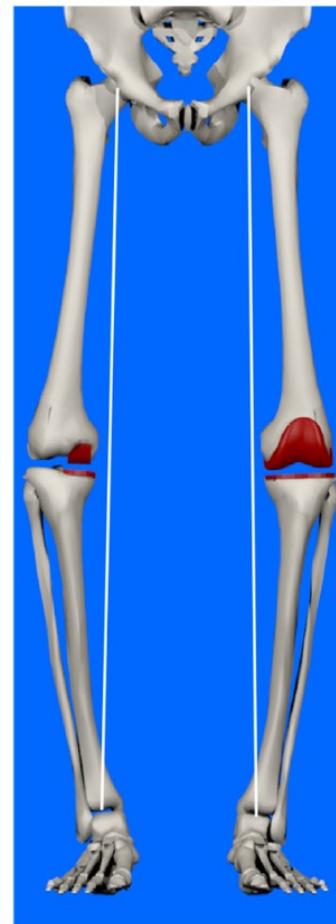
## Patient-specific Alignment techniques

UKA      KA



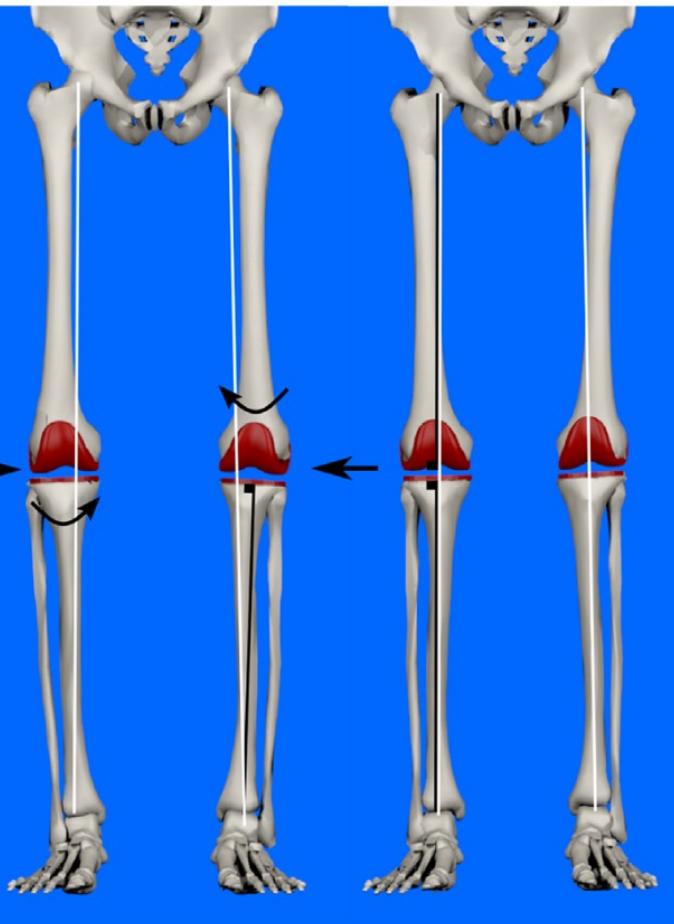
## Hybrid Alignment techniques

rKA      aMA



## Systematic Alignment techniques

MA      AA

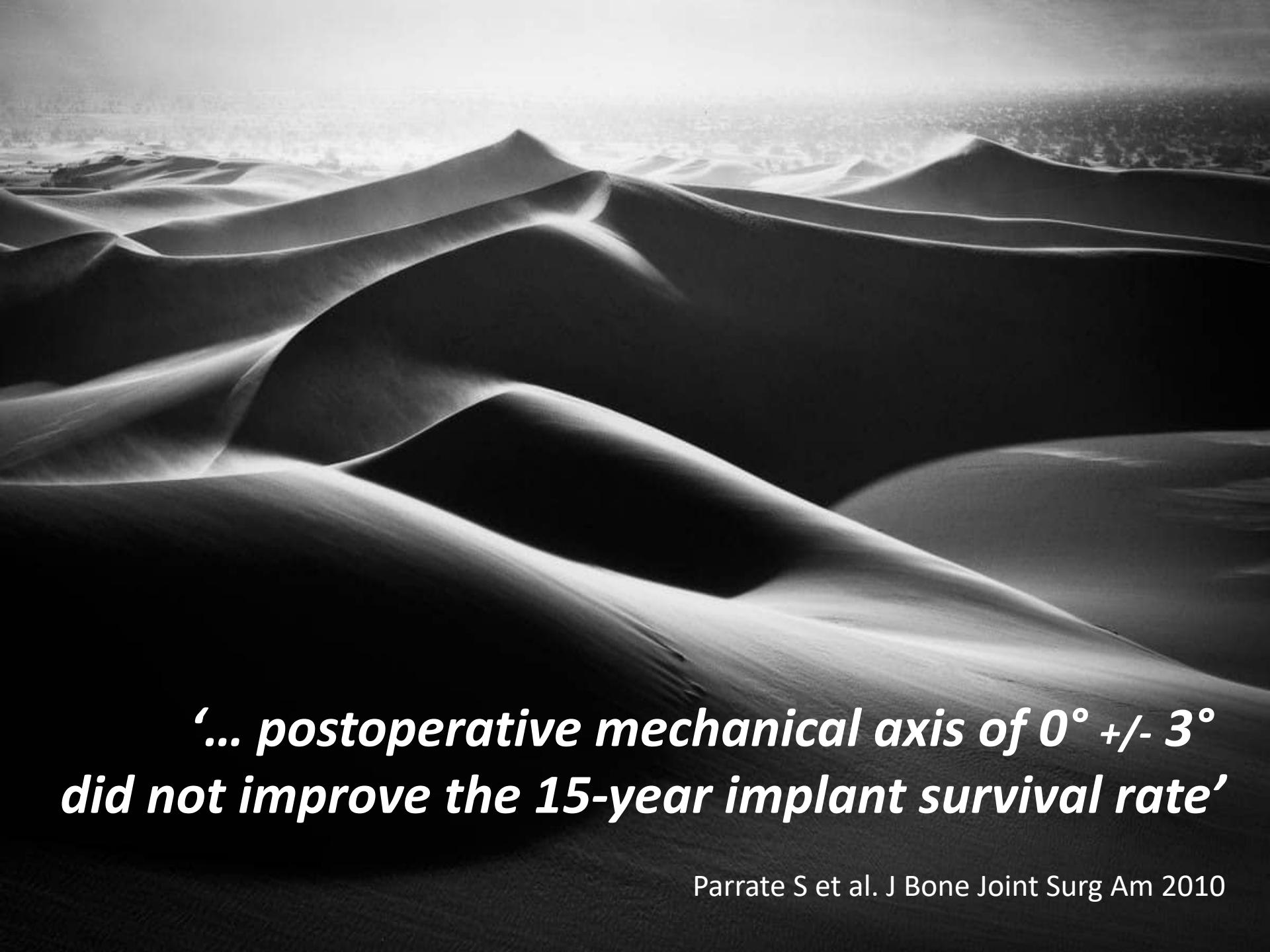






*Lotke and Ecker 1977*  
*Denham and Bishop 1978*  
*Jeffrey et al 1991*

*...to keep neutral alignment*



***'... postoperative mechanical axis of 0° +/- 3° did not improve the 15-year implant survival rate'***

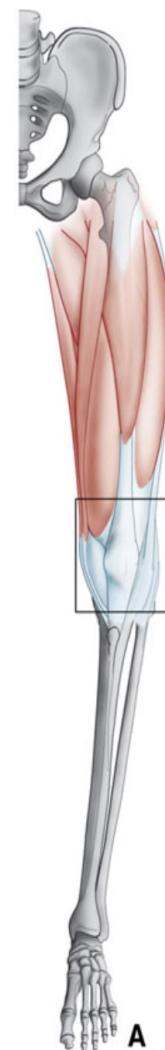
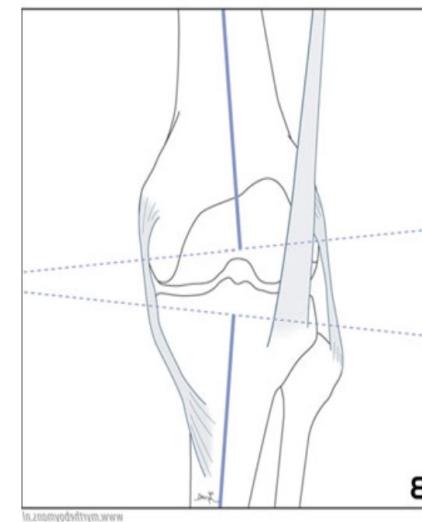
Parrate S et al. J Bone Joint Surg Am 2010

## The Chitranjan Ranawat Award

Is Neutral Mechanical Alignment Normal for All Patients?

The Concept of Constitutional Varus

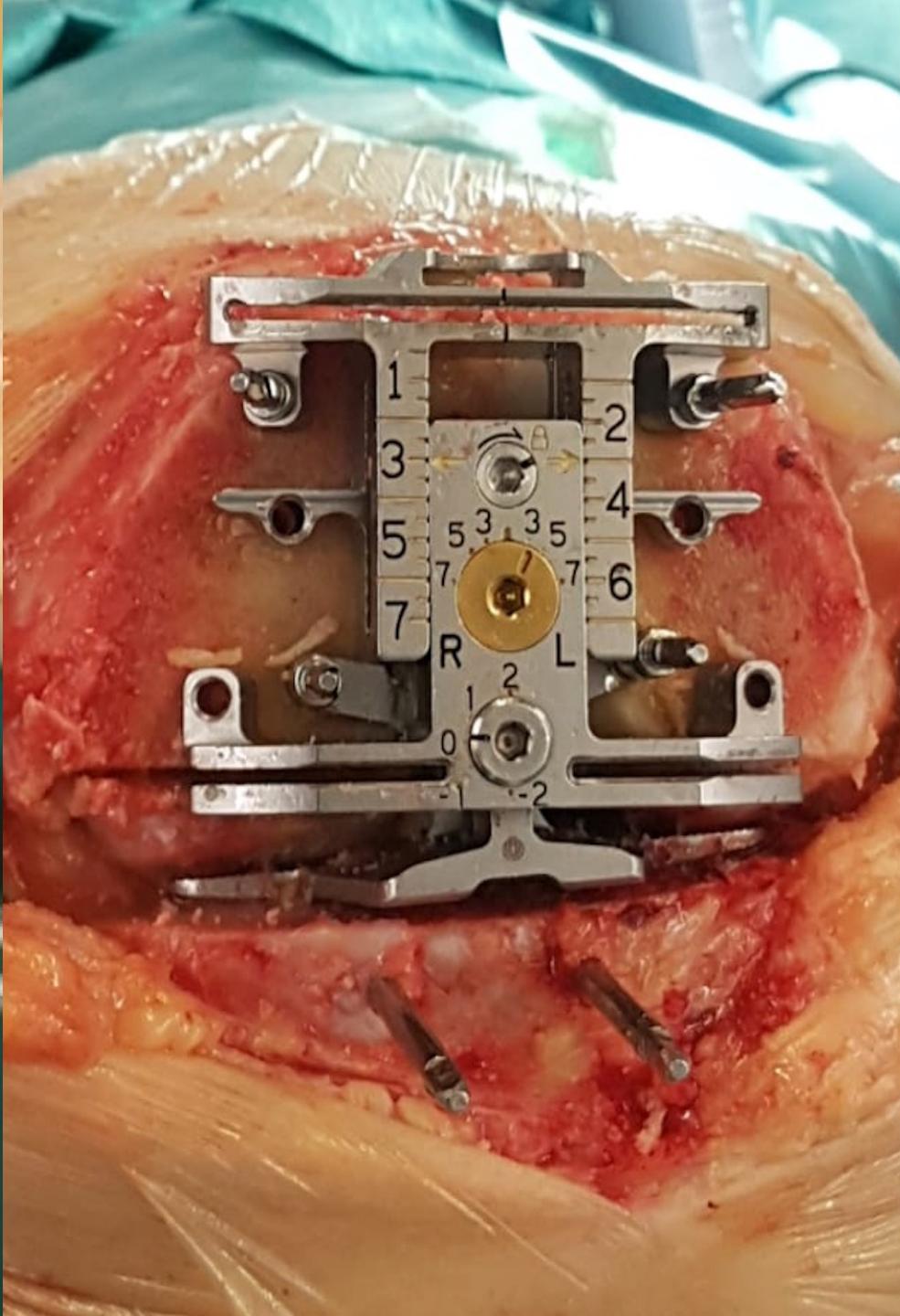
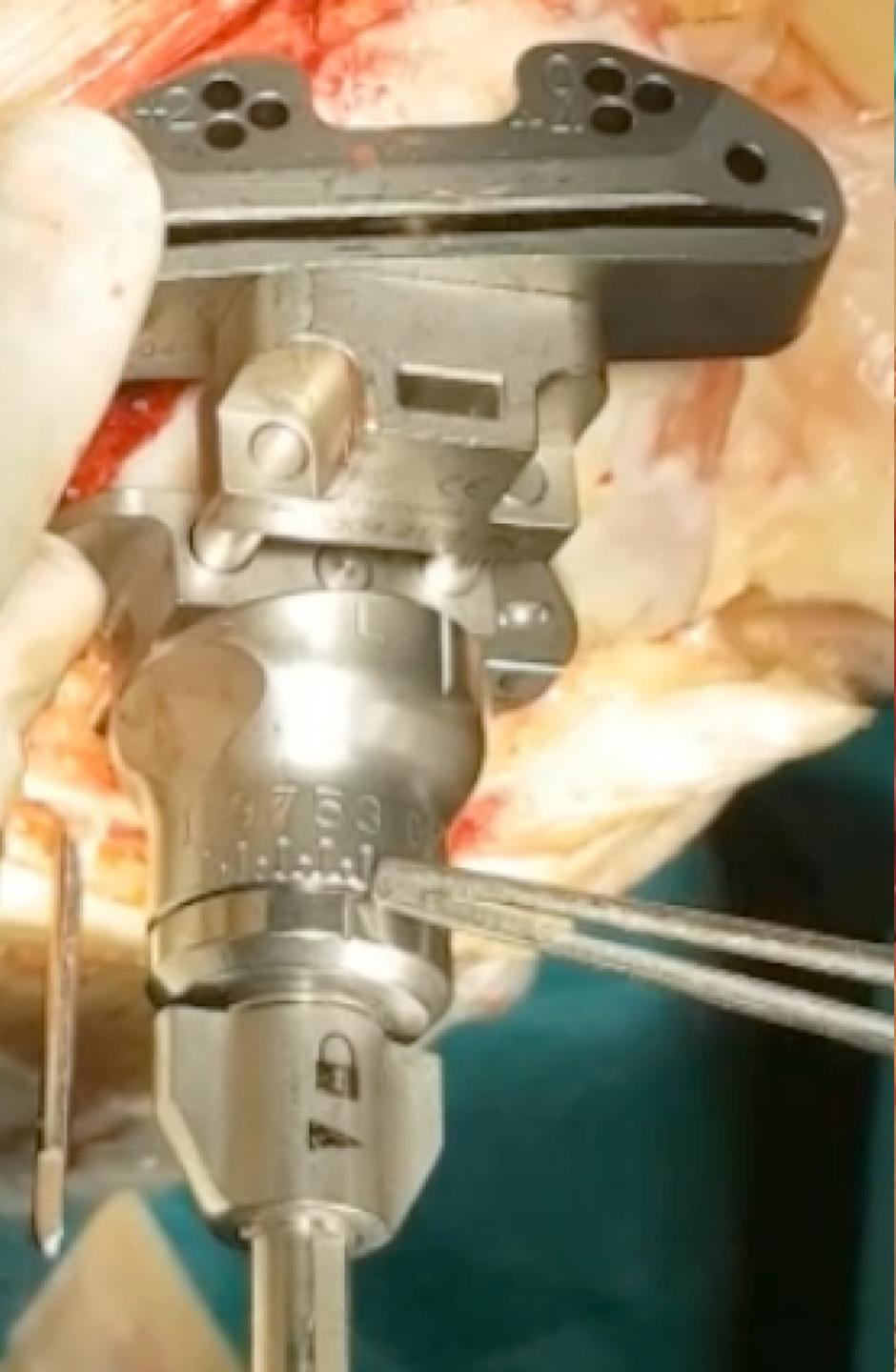
Johan Bellemans MD, PhD, William Colyn MD,  
Hilde Vandenneucker MD, Jan Victor MD, PhD



*'...natural alignment at the end of growth of 3° varus or more...'*

*'...restoration of mechanical alignment to neutral in these cases may not be desirable and would be unnatural for them...'*

POA	VAS Post	KSS-F	KSS-K	KSS-T	SF-36 M	SF-36 P
-5º/5º	2,61	82,50	91,09	173,77	47,19	43,33
6º/10º	2,73	81,75	87,71	170,16	48,40	43,43
>10º	3,80	82,00	82,50	160	36,60	39,20
POA Dif	VAS Post	KSS-F	KSS-K	KSS-T	SF-36 M	SF-36 P
-5º/5º	4,30	28,76	42,61	71,64	-0,07	11,28
6º/10º	4,51	30,72	49,02	80,84	1,46	12,06
>10º	3,40	25	38,50	58,50	2,83	5,24



**varus knee** (*limited range*)

~~Error~~

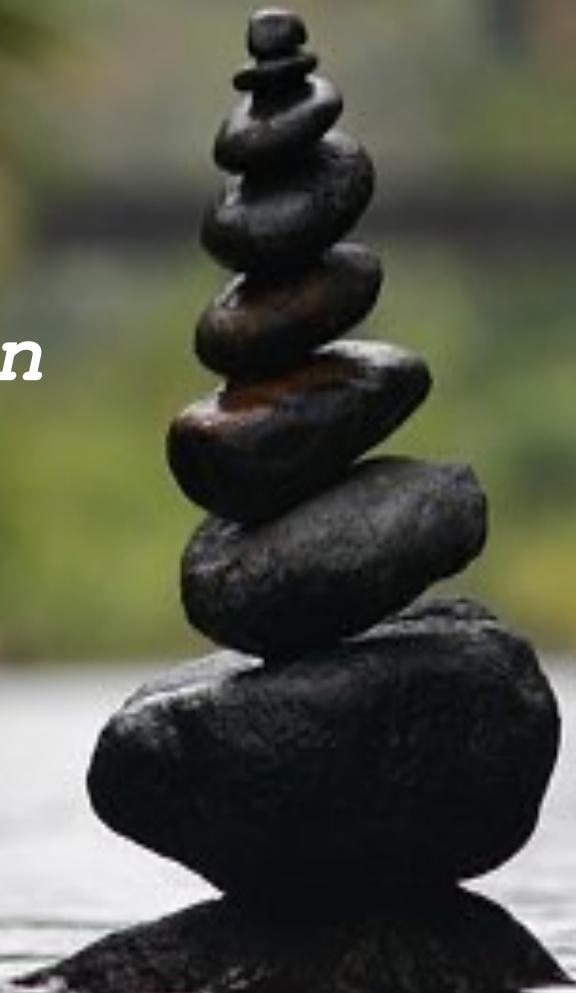
alignment

**valgus knee** (*comfortable range*)

Own series (xRay)	N	Mean	SD
Femoral Cut	340	1,8	1,5
Tibial Cut	340	1,3	2,2
Boonen et al. (2D CT-Scan)	N	Mean	SD
Femoral Cut	26	1,8	1,3
Tibial Cut	26	1,7	1,2
Leeuwen et al. (3D CT-Scan)	N	Mean	SD
Femoral Cut	42	1,2	1,5
Tibial Cut	42	0,4	2,5



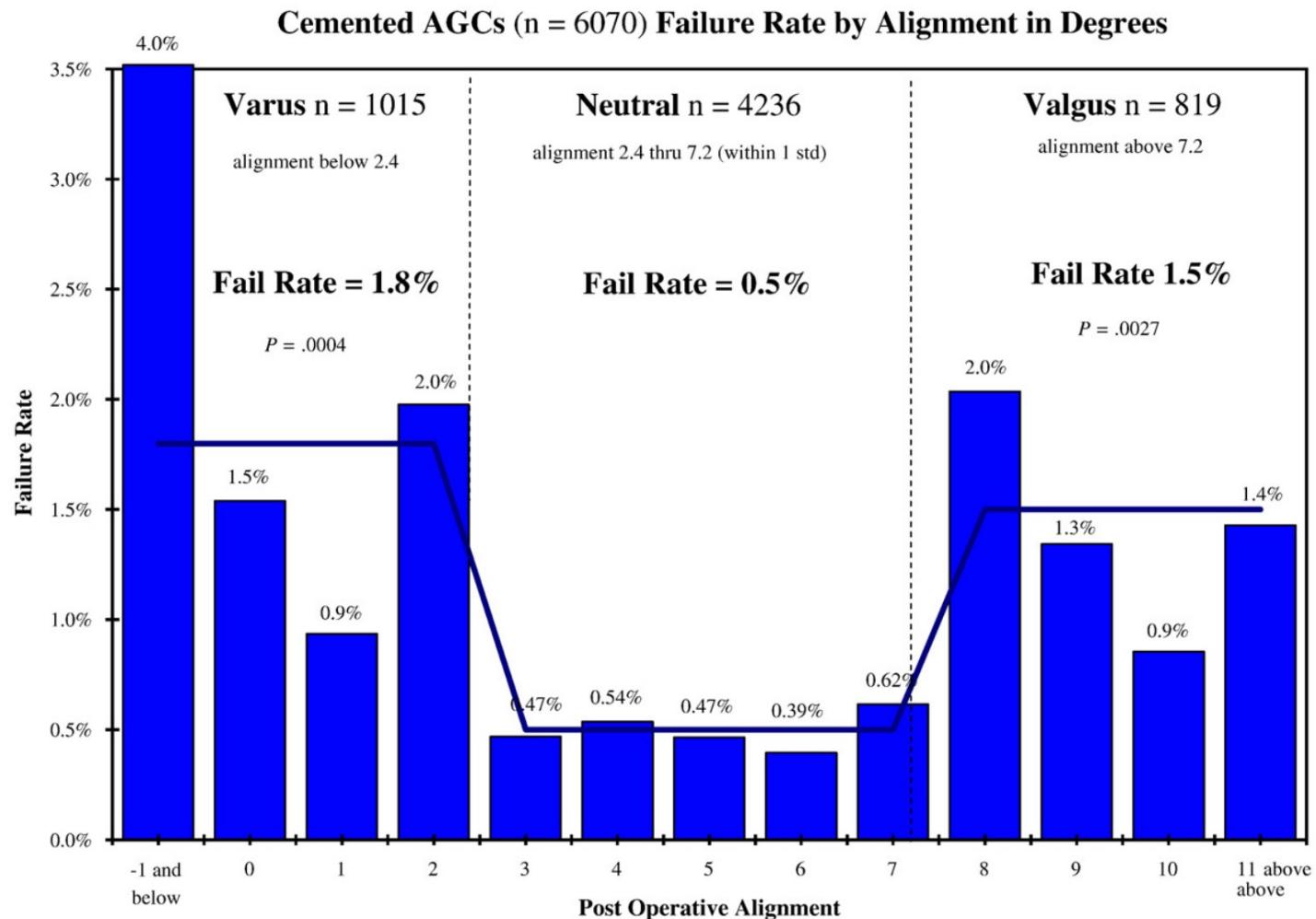
*stability  
preservation*



*safe zones  
consideration*



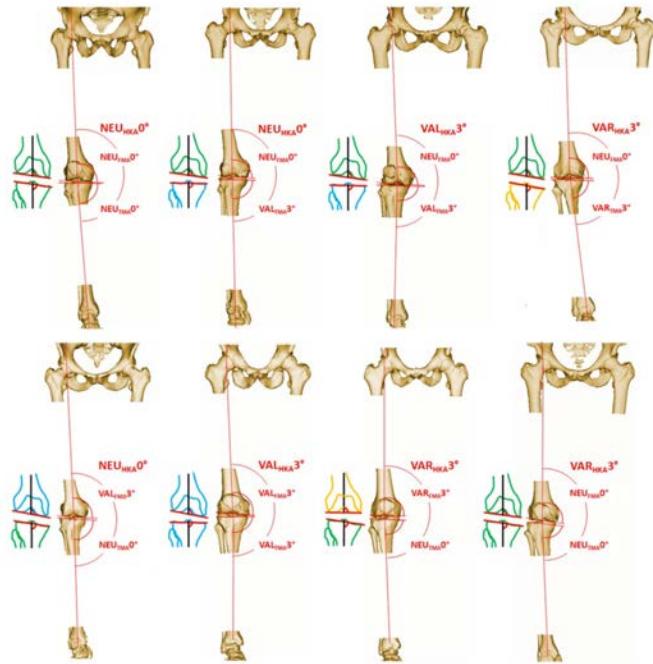
DANGER



*'...the ideal coronal alignment 2.4° to 7.2° of valgus and the best survival of total knee implants...'*

Fang MD et al.  
J Arthroplasty 2009

Coronal Alignment				Average value
HKA	VAR <sub>HKA</sub>	VAR <sub>HKA</sub> 9°	169.5°<HKA<172.5°	171°
		VAR <sub>HKA</sub> 6°	172.5°<HKA<175.5°	174°
		VAR <sub>HKA</sub> 3°	175.5°<HKA<178.5°	177°
	NEU <sub>HKA</sub>	NEU <sub>HKA</sub> 0°	178.5°<HKA<181.5°	180°
		VAL <sub>HKA</sub> 3°	181.5°<HKA<184.5°	183°
		VAL <sub>HKA</sub> 6°	184.5°<HKA<187.5°	186°
	VAL <sub>HKA</sub>	VAL <sub>HKA</sub> 9°	187.5°<HKA<190.5°	189°
		VAR <sub>FMA</sub> 6°	85.5°<FMA<88.5°	87°
		VAR <sub>FMA</sub> 3°	88.5°<FMA<91.5°	90°
FMA	NEU <sub>FMA</sub>	NEU <sub>FMA</sub> 0°	91.5°<FMA<94.5°	93°
		VAL <sub>FMA</sub> 3°	94.5°<FMA<97.5°	96°
	VAL <sub>FMA</sub>	VAL <sub>FMA</sub> 6°	97.5°<FMA<100.5°	99°
		VAR <sub>TMA</sub> 6°	79.5°<TMA<82.5°	81°
TMA	VAR <sub>TMA</sub>	VAR <sub>TMA</sub> 3°	82.5°<TMA<85.5°	84°
		NEU <sub>TMA</sub> 0°	85.5°<TMA<88.5°	87°
	VAL <sub>TMA</sub>	VAL <sub>TMA</sub> 3°	88.5°<TMA<91.5°	90°
		VAL <sub>TMA</sub> 6°	91.5°<TMA<94.5°	93°



## Functional knee phenotypes: a novel classification for phenotyping the coronal lower limb alignment based on the native alignment in young non-osteoarthritic patients

Michael T. Hirschmann<sup>1,2</sup> · Lukas B. Moser<sup>1,2</sup> · Felix Amsler<sup>4</sup> · Henrik Behrend<sup>5</sup> · Vincent Leclercq<sup>3</sup> · Silvan Hess<sup>1,2</sup>

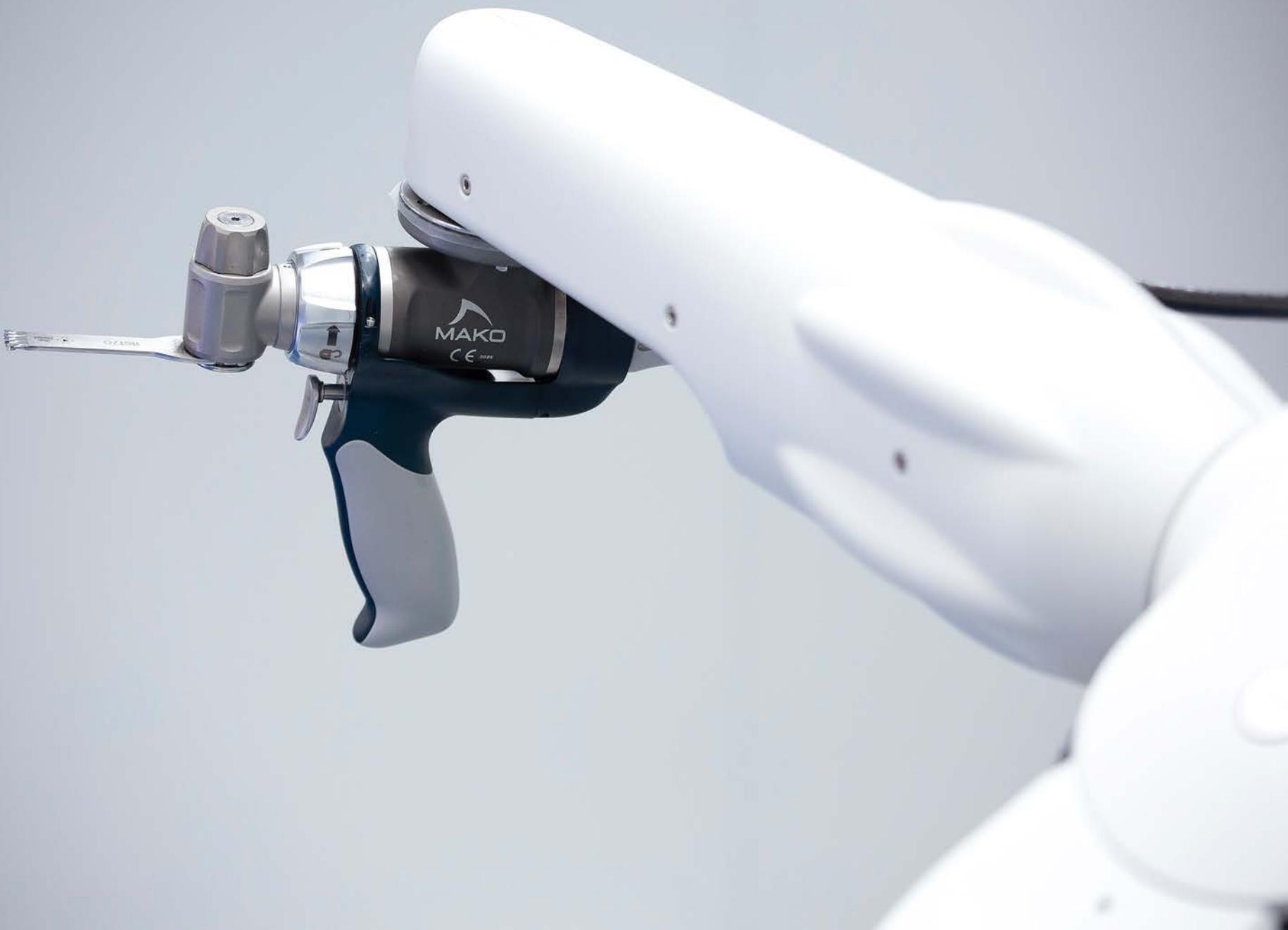
Received: 31 January 2019 / Accepted: 5 April 2019  
 © European Society of Sports Traumatology, Knee Surgery, Arthroscopy (ESSKA) 2019

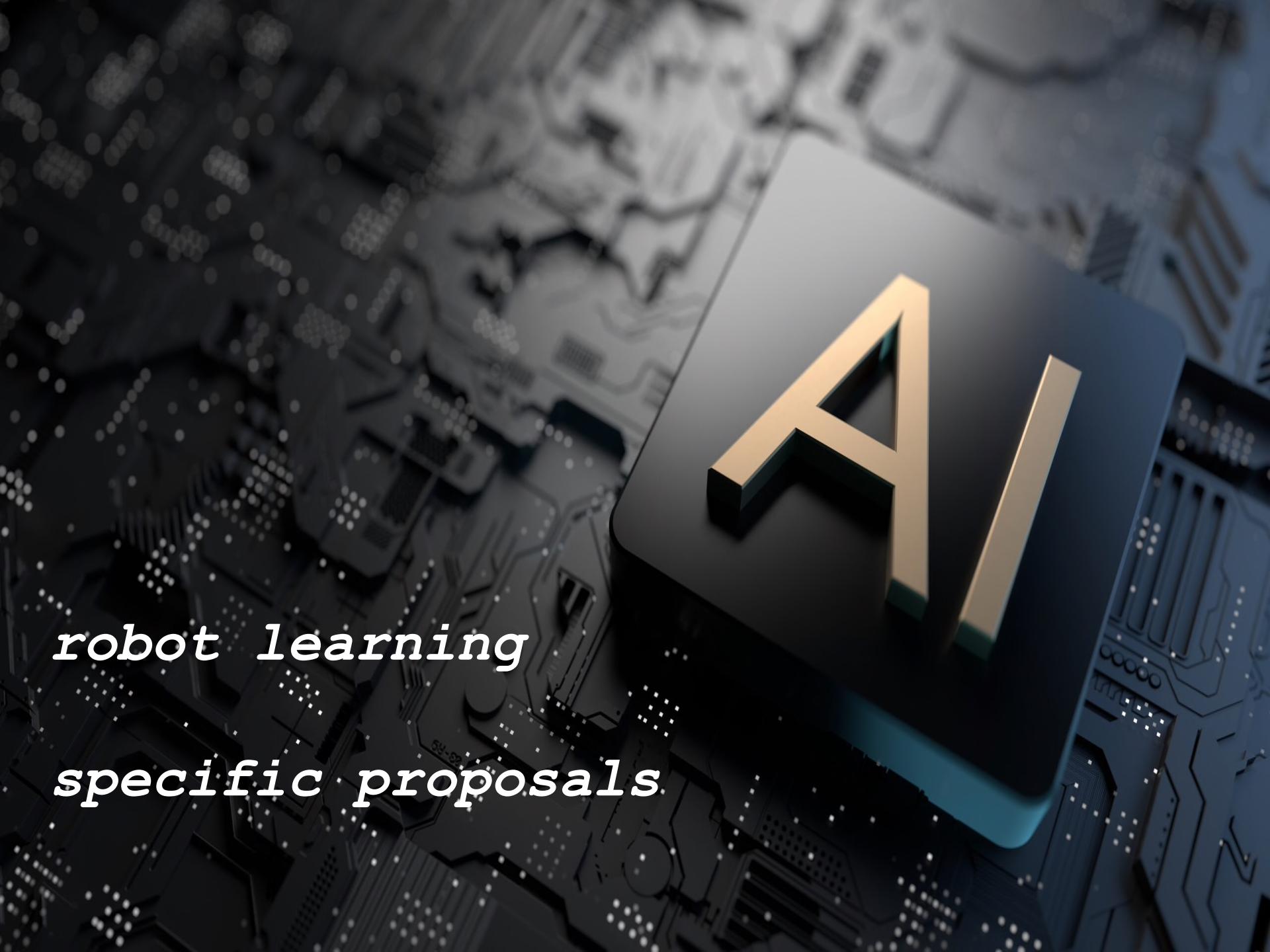
*individual approach*

*different phenotype  
different biomechanics*



*The pertinent question is what is the envelope of alignment for each individual knee?*





*robot learning  
specific proposals*

AI

